

Scope and Sequence Kindergarten–Grade 3

Introductory Lesson: Class Rules

Concepts:

- Rules help everyone feel safe and respected.

Objectives:

- Identify safe and respectful actions and words that help them follow the class rules
- Connect following class rules with helping everyone feel the way they want to feel in class (Grade 3 only)

Lesson 1: Recognizing Bullying

Concepts:

- Bullying is mean or hurtful behavior that keeps happening.
- Bullying is not safe, respectful, or kind. It is against the rules.
- Recognizing bullying is the first step in getting it to stop.

Objectives:

- Identify bullying
- Recognize bullying in response to scenarios

Lesson 2: Reporting Bullying

Concepts:

- When you haven't been able to get mean behaviors to stop, you should tell a caring adult.
- If you practice reporting bullying, it's easier to report bullying when it really happens.
- Reporting is an assertive behavior. (Grade 3 only)

Objectives:

- Identify caring adults to talk to about bullying or mean behaviors
- Differentiate between tattling and reporting
- Demonstrate how to report bullying

Lesson 3: Refusing Bullying

Concepts:

- You can refuse to let bullying happen to you or to others.
- Being assertive helps when you're refusing bullying.

Objectives:

- Recognize bullying
- Apply assertiveness skills to refuse bullying in response to scenarios

Lesson 4: Bystander Power

Concepts:

- Bystanders are people who see or know about bullying happening to others.
- There are things bystanders can do to help stop bullying.
- Bystanders can also refuse to let bullying happen. (Grade 3 only)

Objectives:

- Define “bystander”
- Demonstrate ways that bystanders can help stop bullying in response to scenarios