

## IHaveaPlanIowa™

### Lesson Plan Index

Lesson Title	Objectives	ASCA Correlations									Grade (s)	Core IHaveaPlanIowa™ Area
		AA	AB	AC	CA	CB	CC	PSA	PSB	PSC		
<b>Lesson 1:</b> <a href="#">Choosing a Career Cluster</a>	<ul style="list-style-type: none"> <li>-To choose their favorite Career Cluster</li> <li>- To review the high school course plan that supports this cluster</li> </ul>					X	X				8 - 11	High School Academic Planning
<b>Lesson 2:</b> <a href="#">Which Classes Should I Take</a>	<ul style="list-style-type: none"> <li>-To know what classes are required in their high school</li> <li>-To know how many credit hours are required for each subject area and in total</li> <li>-To identify elective and required classes offered by their high school that support their career goals and interest areas</li> <li>-To develop a preliminary course schedule in a chart format that maps out which required and which elective courses that they hope to take in high school</li> <li>-To understand how high school scheduling works</li> </ul>	X	X	X	X	X					8 – 10	High School Academic Planning
<b>Lesson 3:</b> <a href="#">Courses That Build Skills</a>	<ul style="list-style-type: none"> <li>-To understand what skills they have what skills they need in order to pursue the career of their choice and will know which courses will help them to build those skills</li> </ul>		X	X	X	X					8 - 11	High School Academic Planning
<b>Lesson 4:</b> <a href="#">Develop a Course Plan</a>	<ul style="list-style-type: none"> <li>-To build a High School Plan of Study</li> </ul>	X	X		X	X			X		8 - 11	High School Academic Planning
<b>Lesson 5:</b> <a href="#">High School Planning Timeline</a>	<ul style="list-style-type: none"> <li>-To know what information can be found in the High School Planning Timeline</li> <li>-To understand the importance of High School Planning</li> <li>-To develop awareness of what goals they should be setting in each year of high school</li> <li>-To acquire and utilize employability skills such as: team building, organization, communication and cooperation</li> </ul>	X			X		X	X	X		9 - 11	High School Academic Planning

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<b>Lesson 6:</b> <a href="#">Support Your Learning</a>	<ul style="list-style-type: none"> <li>-To identify skills that support future career goals that they are learning in their high school classes</li> <li>-To identify skills that support future career goals that they are not learning in their high school classes</li> <li>-To identify co-curricular and community experiences that will allow them to learn relevant skills outside of the classroom</li> </ul>			X	X						10 - 11	High School Academic Planning
<b>Lesson 7:</b> <a href="#">Time For A Check Up!</a>	<ul style="list-style-type: none"> <li>-To know how to evaluate whether their course plans support their post-secondary goals and how to make adjustments to their schedules as needed.</li> </ul>	X	X		X	X					10-12	High School Academic Planning
<b>Lesson 8:</b> <a href="#">Academic Portfolio</a>	<ul style="list-style-type: none"> <li>-To develop a High School Transition Plan</li> <li>-To understand how high school can support career goals</li> <li>-To develop short term, long term, and ultimate goals</li> <li>-To organize Academic Information</li> <li>-To understand how to pursue and develop competency in areas of interest</li> </ul>	X	X		X	X			X		9 - 12	High School Academic Planning
<b>Lesson 9:</b> <a href="#">Connecting Course Plans to Career Plans</a>	<ul style="list-style-type: none"> <li>-To understand how successful course planning leads to effective career and life planning</li> <li>-To be able to describe a career/life plan</li> </ul>		X	X	X	X	X				9 – 12	High School Academic Planning
<b>Lesson 10:</b> <a href="#">Successful Study Techniques</a>	<ul style="list-style-type: none"> <li>-To be able to describe successful study techniques</li> <li>-To develop a time and task management plan in order to improve their study techniques</li> </ul>	X	X		X						9 - 12	High School Academic Planning

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<b>Lesson 1:</b> <a href="#">Introduction to Lifelong Portfolios</a>	-To define what a portfolio is and how a portfolio would be useful -To define both <b>Personal portfolio</b> and <b>Career portfolio</b> ; and relate those terms to the need for a lifelong portfolio -To understand how their Portfolio can support the development of both the Personal and their Career portfolios. -To determine what could be included in a portfolio	X		X	X		X				9 - 12	Lifelong Portfolio
<b>Lesson 2:</b> <a href="#">Ages and Stages</a>	-To identify the relationship between the four ages and stages of life and creating a lifelong portfolio -To name and distinguish between the four ages and stages of life -To determine what a person would typically include in a Career Portfolio at each age and stage of life after childhood - To explain the importance of understanding and respecting people in each of the ages and stages of life; also, explain how important understanding and respect are when building relationships as they create their own personal career portfolios now and in years to come	X		X	X		X	X			9 - 12	Lifelong Portfolio
<b>Lesson 3:</b> <a href="#">Personal Portfolio Case Study</a>	-To identify items that could be included as part of a personal portfolio based upon information about a student in a case study. -To determine what knowledge or transferable skills the student could have acquired based upon the portfolio items as “evidence.” -To explain the relationship between portfolio items as evidence of learning opportunities to acquire transferable skills.			X	X	X	X	X	X		9 - 12	Lifelong Portfolio

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<b>Lesson 4:</b> <a href="#">Learning About Personal Portfolios Through a Personal Interview</a>	-To develop interview skills by asking questions and recording answers during a personal interview. -To identify items that could be included in a portfolio based upon information gathered in a personal interview. -To determine what knowledge or transferable skills the interviewee could have acquired based upon the identified portfolio items as “evidence”. -To explain the relationship between the interviewee’s portfolio items as evidence of learning opportunities and the interviewee’s skills.	X		X	X		X	X			9 - 12	Lifelong Portfolio
<b>Lesson 5:</b> <a href="#">A Career Portfolio Case Study</a>	-To identify items that could be included as part of a career portfolio based upon information about a student in a case study. - To determine what knowledge or transferable skills the student could have acquired based upon the portfolio items as “evidence”. -To explain the relationship between career portfolio items as evidence of learning opportunities to acquire transferable skills.			X	X	X	X	X	X		9 - 12	Lifelong Portfolio
<b>Lesson 6:</b> <a href="#">Learning About Career Portfolios Through a Personal Interview</a>	-To develop interview skills by asking questions and recording answers during a personal interview. -To identify items that could be included in a personal career portfolio based upon information gathered in a personal interview. -To determine what knowledge or transferable skills the interviewee could have acquired based upon the identified portfolio items as “evidence”. -To explain the relationship between the interviewee’s career portfolio items as evidence of learning opportunities and the interviewee’s skills.	X		X	X		X	X			9 - 12	Lifelong Portfolio

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<a href="#">Lesson 7:Portfolio Scavenger Hunt</a>	<ul style="list-style-type: none"> <li>-To understand the importance of building and maintaining a Portfolio</li> <li>-To understand how effort, persistence and preparation can help them to achieve goals</li> <li>-To understand how a portfolio can assist with the application process for jobs, scholarships, and post-secondary education opportunities</li> <li>-To understand the navigation and organization of the Portfolio</li> </ul>	X		X	X		X	X			9 - 12	Lifelong Portfolio
<a href="#">Lesson 8:Creating Your Own Overall Personal Portfolio and Career Portfolio</a>	<ul style="list-style-type: none"> <li>-To brainstorm items that could be included in their own personal portfolios and their own career portfolios.</li> <li>-To determine items using a checklist as a resource for current and future personal portfolios.</li> <li>-To determine items using a checklist as a resource for current and future career portfolios.</li> <li>-To determine which items are already included in their Portfolio</li> </ul>			X	X	X	X	X	X		9 - 12	Lifelong Portfolio
<a href="#">Lesson 9:Your Future, Your Portfolio</a>	<ul style="list-style-type: none"> <li>-To discuss the importance of developing long and short term plans and setting achievable goals.</li> <li>-To understand what they could store in their portfolio in each stage of life.</li> <li>-To understand the importance of continued growth throughout life.</li> </ul>	X		X	X	X	X	X	X		9 -12	Lifelong Portfolio
<a href="#">Lesson 10:Storing Your Portfolio Plus More</a>	<ul style="list-style-type: none"> <li>-To identify additional specific reasons for creating portfolios.</li> <li>-To list things to consider if others will be looking at your portfolio.</li> <li>-To explain how to prepare items to be stored in a portfolio.</li> <li>-To identify ways to store your portfolio.</li> <li>-To create a Portfolio.</li> </ul>	X		X	X	X	X		X		9 - 12	Lifelong Portfolio

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<b>Lesson 1:</b> <a href="#">Job Search Checklist</a>	-To identify the steps in searching for a job. -To explain why a thoughtful job search is important			X	X	X	X		X		10 - 12	Job Search
<b>Lesson 2:</b> <a href="#">Networking</a>	-To explain what networking is and how the concept relates to a job search. -To compare various ways in which people network. -To list networking tips important to consider in today's world.	X		X		X		X	X	X	10 - 12	Job Search
<b>Lesson 3:</b> <a href="#">Your Transferable Skills</a>	-To explain what Transferable Skills are -To list their own Transferable Skills			X	X	X	X	X	X		10 - 12	Job Search
<b>Lesson 4:</b> <a href="#">Resume</a>	-To explain the three basic parts to define a resume. -To explain what information should be included on a resume based on a student's career interest, skills, education, -To create an effective resume		X	X	X	X	X		X		10 - 12	Job Search
<b>Lesson 5:</b> <a href="#">Cover Letter</a>	-To explain the purpose of sending a cover letter along with a resume. -To explain a basic, effective letter format used for covers letters. -To practice writing a cover letter to include with a resume.			X	X	X	X	X	X		10 - 12	Job Search
<b>Lesson 6:</b> <a href="#">Application</a>	-To explain the preparation needed to apply for a job. -To list several acceptable ways to apply for a job. -To explain how to complete a job application form. -To list common mistakes on a job application form. -To list specific things employers look for in a job application.			X	X	X	X	X			10 - 12	Job Search

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<b>Lesson 7:</b> <a href="#">Interview Practice</a>	-To list ways to prepare for a job interview. -To develop answers to typical interview questions			X	X	X	X			X		10 - 12	Job Search
<b>Lesson 8:</b> <a href="#">Preparing For the Interview</a>	-To explain the importance of body language in creating a good impression. -To explain how to use good communication skills and how to project a positive attitude during a job interview. -To explain the importance of knowing about the company that they are interviewing with -To describe how to follow up after a job interview.			X	X	X	X			X		10 - 12	Job Search
<b>Lesson 9:</b> <a href="#">Thank You Letter</a>	-To explain the importance of sending a thank you letter after a job interview. -To practice writing a letter of thanks appropriate after a job interview.			X		X	X	X	X	X		10 - 12	Job Search
<b>Lesson 10:</b> <a href="#">Evaluating Your Progress</a>	-To explain the steps to evaluate progress made in a job search. -To explain the steps to modify a career plan if needed. -To evaluate areas of growth related to a positive attitude in a job search.	X			X	X	X	X	X	X		10 - 12	Job Search
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<b>Lesson 1:</b> <a href="#">Careers for Multilingual Types</a>	-To understand the fact that learning and becoming fluent in a second language can open many career doors that would otherwise be closed -To realize how the ability to speak and write in a language other than their native tongue can lead to an exciting life by increasing and enhancing their career options.		X	X	X	X	X	X				9 - 12	Career Planning
<b>Lesson 2:</b> <a href="#">Law Related Careers</a>	-To give students an opportunity to explore law related careers		X		X	X	X					9 - 12	Career Planning
<b>Lesson 3:</b> <a href="#">Math Applications</a>	-To give students an opportunity to explore different careers in which math is required.		X	X	X	X	X					9 - 12	Career Planning
<b>Lesson 4:</b> <a href="#">Good Life Careers</a>	-To give students an opportunity to discover and explore careers in the tourism, hospitality and management fields.		X		X	X	X					9 - 12	Career Planning

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<b>Lesson 1:</b> <a href="#">Work Values</a>	-To complete the Work Values Sorter.				X		X				9	Career Exploration
<b>Lesson 2:</b> <a href="#">Career Clusters</a>	-To complete the Career Cluster Survey -To explore one career from one career cluster and complete the Help Wanted Ad				X		X				9	Career Exploration
<b>Lesson 3:</b> <a href="#">Do What You Are</a>	-To complete Do What You Are survey -To complete Personality Type & Career Exploration worksheet				X		X	X			10	Career Exploration
<b>Lesson 4:</b> <a href="#">Consider Being an Entrepreneur</a>	-To complete Working for Yourself assessment				X	X					10	Career Exploration
<b>Lesson 5:</b> <a href="#">Basic Skills</a>	-To complete a Basic Skills Survey and a Career Plan Checklist.				X		X				10	Career Exploration
<b>Lesson 6:</b> <a href="#">Drafting a Resume</a>	-To complete the steps to completing a resume					X	X	X			11	Career Exploration
<b>Lesson 7:</b> <a href="#">Perfecting Interview Skills</a>	-To complete Job Interview Practice.				X		X	X			11	Career Exploration
<b>Lesson 8:</b> <a href="#">Transferring Skills to Careers</a>	-To complete the Transferable Skills Checklist. -To complete the Transferable Skills to Careers Worksheet.				X	X	X				11	Career Exploration
<b>Lesson 9:</b> <a href="#">All About You</a>	-To complete All About You activity & assessment		X		X	X	X		X		12	Career Exploration
<b>Lesson 10:</b> <a href="#">How You See Yourself</a>	-To complete How You See Yourself assessment						X	X	X		12	Career Exploration



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<b>Lesson 1:</b> <a href="#">First Step</a>	-To complete the college Programs and Majors worksheet	X	X	X	X						9	Post Secondary Planning
<b>Lesson 2:</b> <a href="#">Study Skills</a>	-To complete the Successful Study Techniques worksheet on their study habits.	X	X	X	X		X		X		9	Post Secondary Planning
<b>Lesson 3:</b> <a href="#">Importance of Extra-Curricular Activities</a>	-To complete Experiences and Activities in Your Portfolio	X		X			X				10	Post Secondary Planning
<b>Lesson 4:</b> <a href="#">Testing Tips</a>	-To completed tutorials for SAT & ACT and Vocabulary Builder.	X	X	X		X			X		10	Post Secondary Planning
<b>Lesson 5:</b> <a href="#">School Search</a>	-To utilize the School Finder activity to help narrow down a list of schools that best match their goals and characteristics.	X	X	X			X		X		11	Post Secondary Planning
<b>Lesson 6:</b> <a href="#">Post Secondary Testing</a>	-To understand the differences between the SAT and ACT	X	X	X		X			X		11	Post Secondary Planning
<b>Lesson 7:</b> <a href="#">Completing an Application</a>	-To learn how to Practice a College Application	X	X	X			X	X	X		12	Post Secondary Planning
<b>Lesson 8:</b> <a href="#">Perfecting my Essay</a>	-To understand how to apply college essay writing tips	X	X	X			X	X	X		12	Post Secondary Planning
<b>Lesson 9:</b> <a href="#">Preparing for Life After High School</a>	-To understand college matching and post secondary options	X	X	X		X		X	X		12	Post Secondary Planning
<b>Lesson 10:</b> <a href="#">Making the Final Choice</a>	-To write a journal entry about the college matching activity	X	X	X		X		X	X		12	Post Secondary Planning

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<b>Lesson 1:</b> <a href="#">Financial Aid Vocabulary</a>	- To define vocabulary related to financial aid			X	X				X		11 - 12	Financial Planning
<b>Lesson 2:</b> <a href="#">Saving For College</a>	-To know how much money they will need to save in order to pay for college.		X	X	X	X			X		9	Financial Planning
<b>Lesson 3:</b> <a href="#">Grants, Loans and Scholarships</a>	-To understand the differences between grants, loans, and scholarships				X	X	X		X		11	Financial Planning
<b>Lesson 4:</b> <a href="#">Estimated Family Contribution</a>	-To know how to define Estimated Family Contribution and will have an estimate of what their own families estimated contribution will be			X				X	X		11	Financial Planning
<b>Lesson 5:</b> <a href="#">FAFSA is the Key</a>	-To understand what the FAFSA is and how to use it				X	X	X		X		11	Financial Planning
<b>Lesson 6:</b> <a href="#">Comparing College Costs</a>	-To understand how financial aid can affect the final cost of colleges. -To evaluate what value a college would need to offer in order for the student to take on large amounts of debt.		X	X	X	X		X	X		12	Financial Planning
<b>Lesson 7:</b> <a href="#">Your SLOPE</a>	-To understand what the total cost of their student loans could be, what they will cost per month, and how those payments will impact their overall future lifestyle.		X	X	X	X		X	X	X	12	Financial Planning
<b>Lesson 8:</b> <a href="#">Developing a Scholarship Portfolio</a>	-To understand what items should be included in a Scholarship Portfolio and will have begun building their own Scholarship Portfolio	X	X	X	X	X	X	X	X	X	11 - 12	Financial Planning
<b>Lesson 9:</b> <a href="#">Searching for Scholarships</a>	-To develop a scholarship profile and learn how to search for and review scholarships.				X	X	X		X		12	Financial Planning
<b>Lesson 10:</b> <a href="#">Financial Aid Wizard</a>	-To confirm that they have completed the steps of the financial aid process, reviewed all financial aid packages, and compared and contrasted the financial packages in order to select the package that they feel is the best.		X	X	X	X	X	X	X		12	Financial Planning