

Reflection Sheet

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Subject: Counseling

Concept or Topic: Being Assertive

1. As I reflect on this lesson, to what extent were students productively engaged?

I feel like they were productively engaged for the majority of the lesson. One part where I feel that students were not engaged was when I had them break into partners and work on their own—some students worked well together and some just messed around.

2. Did the students learn what I intended them to learn? Were my instructional goals met? How do I know? Or how and when will I know?

I wanted students to understand the difference between passive, aggressive, and assertive and to be able to demonstrate how to be assertive. I think students were able to identify aspects of body language, tone of voice, and words that would make a person's actions passive, aggressive, or assertive during roleplays in front of the group. Many students were also able to demonstrate assertive behavior when working with their partners. I will know if students fully understood the concepts in this lesson when I observe them in their daily interactions and from the feedback I get from teachers.

3. Did I alter my goals or instructional plans as I taught this lesson? Why? Why not?

No, I did not alter my goals much as I taught this lesson. I did end up spending more time on roleplays than I originally intended since this seemed to help students understand concepts better and practice their skills.

4. If I had the opportunity to teach this lesson again to the same group of students, what would I do differently? Why?

I might do more roleplays with the group as a whole and less partner work since students were not fully engaged in the partner work. I might also set students up with different partners that they might work better with. I could also make the expectations and rules very clear before we start partner work so that students are more engaged.